District 48

Monthly Newsletter

August 2016

Greater Williamsport Area Alcoholics Anonymous

Step 8 – Made a list of all persons we had harmed, and became willing to make amends to them all.

8th Tradition – Alcoholics Anonymous should remain forever non professional, but our service centers may employ special workers.

Welcome to the District 48 August newsletter!

Hard copies of the D48 newsletter will be made available to all GSRs at the monthly district meeting for distribution to your individual meetings. The newsletter is also posted on the district website, <u>district48aa.org</u>, where it can be viewed or printed out to share.

In order for this newsletter to become a viable and relevant communication vehicle that shares positive news of Recovery among us – **you need to be an active participant**. Spread the news of what's working in your meeting, home group and life.

Historical Data: The Birth of A.A.

A.A. had its beginnings in 1935 at Akron, Ohio, as the outcome of a meeting between Bill W., a New York stockbroker, and Dr. Bob S., an Akron surgeon. Both had been hopeless alcoholics. Prior to that time, Bill and Dr. Bob had each been in contact with the Oxford Group, a mostly nonalcoholic fellowship that emphasized universal spiritual values in daily living. In that period, the Oxford Groups in America were headed by the noted Episcopal clergyman, Dr. Samuel Shoemaker. Under this spiritual influence, and with the help of an old-time friend, Ebby T., Bill had gotten sober and had then maintained his recovery by working with other alcoholics, though none of these had actually recovered. Meanwhile, Dr. Bob's Oxford Group membership at Akron had not helped him enough to achieve



Upcoming Events Registration Forms & Flyers @ www.district48aa.org

August 40th Anniv. Friday Night Group.

23rd State Convention

New Dawn Anniversary

Sunlight of the Spirit Conference

Incredible Tapestry

September The Solution 7th Anniv.

Important Announcements

- Is your meeting in need of fresh faces or dwindling in attendance?
- Are you celebrating an anniversary next month and would like to share the news?
- Is there a special event your group is working on and you want to spread the word?

If you answered yes to any of the above or think you have a news item for consideration for upcoming issues, please submit the information to:

newsletter@district48aa.org

Submission deadline is the 28th of each month prior to publication.

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sobriety. When Dr. Bob and Bill finally met, the effect on the doctor was immediate. This time, he found himself face to face with a fellow sufferer who had made good. Bill emphasized that alcoholism was a malady of mind, emotions and body. This all-important fact he had learned from Dr. William D. Silkworth of Towns Hospital in New York, where Bill had often been a patient. Though a physician, Dr. Bob had not known alcoholism to be a disease. Responding to Bill's convincing ideas, he soon got sober, never to drink again. The founding spark of A.A. had been struck.

Both men immediately set to work with alcoholics at Akron's City Hospital, where one patient quickly achieved complete sobriety. Though the name Alcoholics Anonymous had not yet been coined, these three men actually made up the nucleus of the first A.A. group. In the fall of 1935, a second group of alcoholics slowly took shape in New York. A third appeared at Cleveland in 1939. It had taken over four years to produce 100 sober alcoholics in the three founding groups.

Early in 1939, the Fellowship published its basic textbook, Alcoholics Anonymous. The text, written by Bill, explained A.A.'s philosophy and methods, the core of which was the now well-known Twelve Steps of recovery.

The book was also reinforced by case histories of some thirty recovered members. From this point, A.A.'s development was rapid. (***From AA.ORG – Historical Data and Archives)





August 2016 Cover www.aagrapevine.org/

In the Community...

Meetings in Need of Support:

Jersey Shore Step Meeting Thursdays/7:00 PM Trinity UMC 1407 Allegheny Street

Fantastic Meeting

Wednesdays/10:00 AM Our Lady of Lourdes Church 100 Walnut St./Montoursville

Gratitude in Action Wednesdays/7:00 PM TLC 309 Maynard St./W'port

Boomerang

Wed. & Thurs./1:15 PM New Covenant Church of Christ 202 E. Third St./W'port (Academy St. Entrance)

District 48 Hotline: 866-671-6130

24 Hours/Day – 7 Days/Week

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