## NewFormo 11<sup>th</sup> Step Meditation Group

A guided meditation bringing you closer to your Higher Power

## Meets every Monday 630 pm to 730 pm

This group is great for relieving the stress of your day or just allows you to relax. This group follows a 12 step format followed by a Guided Meditation.

All are welcome to join!

Meeting at Liberty Church, 102 East 3<sup>rd</sup> Street Williamsport, Pa At the corner of 3<sup>rd</sup> Street & Mulberry

Please use the rear entrance of the church by the parking lot. Meeting is in the basement of the church

O-Open -Topic CP-Court Papers D-Discussion SI-Special Interest