



# DISTRICT 48 NEWSLETTER



## JULY 2024

### MEETINGS IN NEED OF SUPPORT:

**Friday Morning 10 AM St. Ann's Meeting:** [St. Ann's Church 1220 Northway Rd. Williamsport](#)

**Friday Night 7 PM New Freedom Group:** [901 Diamond St Williamsport](#)  
(Newberry Section/Diamond St. Entrance)

**Sunday Night 7 PM Big Book Group:** [American Rescue Workers 643 Elmira St. Williamsport](#)

## CONCEPT VII

The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purpose for final effectiveness.

## STEP 7

**Humbly asked Him to remove our shortcomings,**

The chief activator of our defects has been self-centered fear. . . .

TWELVE STEPS AND TWELVE TRADITIONS, p. 76

When I feel uncomfortable, irritated, or depressed, I look for fear. This "evil and corroding thread" is the root of my distress: Fear of failure; fear of others' opinions; fear of harm, and many other fears. I have found a Higher Power who does not want me to live in fear and, as a result, the experience of A.A. in my life is freedom and joy. I am no longer willing to live with the multitude of character defects that characterized my life while I was drinking. Step Seven is my vehicle to freedom from these defects. I pray for help in identifying the fear underneath the defect, and then I ask God to relieve me of that fear. This method works for me without fail and is one of the great miracles of my life in Alcoholics Anonymous. -DAILY REFLECTIONS

## TRADITION 7

**Every A.A. group ought to be fully self-supporting, declining outside contributions.**

Contact AA online:

[www.District48aa.org](http://www.District48aa.org)

[www.Area59aa.org](http://www.Area59aa.org)

[www.aaGrapevine.org](http://www.aaGrapevine.org)

[www.AA.org](http://www.AA.org)



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### Some Signs and Symptoms of Inner Peace

By Saskia Davis

*Be on the lookout for symptoms of inner peace. The hearts of a great many already have been exposed; and it is possible that people, everywhere, could come down with it in epidemic proportions. This could pose a serious threat to what, up to now, has been a fairly stable condition of conflict in the world.*

- A tendency to think and act spontaneously rather than fears based on past experiences
- A loss of interest interpreting the actions of others.
- Frequent, overwhelming episodes of appreciation.
- An increased susceptibility to the love extended by others as well as the uncontrollable urge to extend it.
- An unmistakable ability to enjoy each moment.
- A loss of interest in conflict.
- Contented feelings of connectedness with others and nature.
- A loss of interest in judging other people.
- A loss of ability to worry.
- Frequent attacks of smiling.

**AS OF JULY 2024**

**FRIDAY NIGHT 7 p.m.**

**BIG BOOK MEETING**

*Has moved to*

*South Williamsport*

*United Methodist Church*

*409 Main Street,*

*S. Williamsport, PA 17702*

**AUGUST 24<sup>th</sup>**

**DISTRICT 48 WORKSHOP:**

**FELLOWSHIP**

**Saturday 10:30 a.m.**

**United Methodist Church**

**441 Pine St.**

**Williamsport, PA 17701**

## ANNIVERSARIES

**Dan B. 6 Years!**

**Bert C. 17 Years!**

**Sarah L. 1 Year!**

**Michelle L. 1 Year!**

**Charlie P. 41 Years!**

**Phoebe 1 Year!**

**Marvin B. 30 Days!**

**Sarah R. 3 Years!**

**Tena B. 6 Years!**

**Sven 8 Years!**

**Mark O. 36 Years!**

**Don N. 17 Years!**

**Ed 36 Years!**

**Shane 7 Months!**

**Chris M. 30 Years!**