



DISTRICT 48 NEWSLETTER



NOVEMBER 2024



UPCOMING EVENTS

Special A.A. Women's Meeting:

Twelve Tips on How to Keep Your Holiday Season Sober & Joyous

Friday, November 22, 2024, 6:30 pm to 7:30 pm

Virtual Event Zoom ID: 826-8622-7499 PW: 01289

In 2025—12 TRADITIONS MEETING

First Sunday of every month at 4:00 P.M.

Pine Street Methodist Church Wesley Hall 441 Pine St. Williamsport

January 5

May 4

September 7

February 2

June 1

October 5

March 2

July 6

November 2

April 6

August 3

December 7

2025 A.A. International Convention in VANCOUVER, BC, CANADA

“The fellowship we seek can be found from across the world. New friends are waiting to be made. First time in-person connections from so many who, to date, have only met in online groups and meetings.”

Patrick C. 2025 International Convention Coordinator



Language of the Heart
Lenguaje del corazón
Le langage du cœur

Please go to www.area59aa.org for more information or www.aa.org. If you cannot make the international convention in Vancouver in person, you can register for a ***Virtual Session Program Track***. This is a two-day 8 session virtual program track. The sessions will be live streamed as they are taking place and will not be available for purchase after the Convention. Cost is \$35 (USD).

Purchase the 2025 International Convention Three Big Meetings Video Product. It will be anonymity-protected video recording available for viewing after the Convention is over. Cost is \$60 (USD).



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What people think sobriety is:

Not drinking.

What sobriety actually is:

Doing the work.
Self reconnection.
Rest and recovery.
Financial wellness.
Educating yourself.
Setting boundaries.
Prioritizing self-care.
Getting in movement.
Reconnecting with purpose.
Noticing outdated narratives.
Changing unaligned patterns.
Saying no when you mean no.
Matching values with intention.
Managing stress in healthy ways.

ANNIVERSARIES

Diana B. 28 Years!

Bill W. 6 Months!

Sue M. 37 Years!

Richard T. 6 months!

Justin G. 7 Years!

Divya T. 1 Year!

Chelsea 6 months!

Tom G. 30 Years!

Hillary K. 60 Days!

Roy 9 Months!

Todd M. 13 Years!

Shane 11 Months!

Petee N. 21 Years!

Austin M. 2 years!